FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington,	D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL								
	OMB Number:	3235-0287							
	Estimated average burden								
- 1	houre per reenonce	. 0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* LARSON TODD C (Last) (First) (Middle)				3. Da	2. Issuer Name and Ticker or Trading Symbol REINSURANCE GROUP OF AMERICA INC [RGA] 3. Date of Carliest Transaction (Month/Day/Year)							(Che	Directo Officer below)	able) r (give title	Othe	Owner (specify	
16600 SWINGLEY RIDGE ROAD (Street) CHESTERFIELD MO 63017				-	03/15/2024 4. If Amendment, Date of Original Filed (Month/Day/Year)							Line	SEVP, Chief Financial Officer 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
						Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.											
1. Title of Security (Instr. 3) 2. Transac					2A. Deemed Execution Date,			quired, Disposed of, or Benefic 3.			d (A) or	5. Amour Securities	s	6. Ownership Form: Direct	7. Nature of Indirect		
(Month/			Day/Yea	Day/Year) if any (Month/Day/Year)		Code (Ins		mount	(A) or (D) Price		Beneficia Owned For Reported Transacti (Instr. 3 a	ollowing on(s)	(D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	itle of 2. 3. Transaction 3A. Deemed Execution Date or Exercise (Month/Day/Year) if any			Transaction of Code (Instr. Derivative			Expiration Date (Month/Day/Year) A			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Securities Owned Following Reported Transactio (Instr. 4)	Ownersi Form: Direct (I or Indire (I) (Instr.	Beneficial) Ownership ct (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisable		oiration e	Title	Amount or Number of Shares					
Stock Appreciation Right (right to purchase) 2024	\$185.28	03/15/2024		A		6,188		(1)	03/1	15/2034	Common Stock	6,188	\$185.28	6,188	D		
Restricted Share Unit - March 2024	\$185.28	03/15/2024		A		2,270		12/31/2026		(1)	Common Stock	2,270	\$185.28	2,270	D		

Explanation of Responses:

1. Stock appreciation rights and restricted share units settle in Common Stock, vest in 33 and 1/3% increments over three years, and fully vest on December 31, 2026.

Remarks:

/s/ William L. Hutton, by 03/19/2024 Power of Attorney

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).