## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

### FORM 8-K

#### **CURRENT REPORT**

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of Earliest Event Reported): January 5, 2020

# REINSURANCE GROUP OF AMERICA, INCORPORATED

(Exact Name of Registrant as Specified in Charter)

1-11848

43-1627032

Missouri

(State or Other Jurisdiction of Incorporation)	(Commission File Number)	(IRS Employer Identification No.)
	gley Ridge Road, Chesterfield, Missou ess of Principal Executive Offices, and Zip Code	
Registrant's telep	phone number, including area code: (6	336) 736-7000
Check the appropriate box below if the Form 8-K fil following provisions (see General Instruction A.2. below):	5 5	the filing obligation of the registrant under any of the
☐ Written communications pursuant to Rule 425	under the Securities Act (17 CFR 230.4)	25)
☐ Soliciting material pursuant to Rule 14a-12 un	der the Exchange Act (17 CFR 240.14a-	12)
☐ Pre-commencement communications pursuant	to Rule 14d-2(b) under the Exchange A	ct (17 CFR 240.14d-2(b))
☐ Pre-commencement communications pursuant	to Rule 13e-4(c) under the Exchange A	ct (17 CFR 240.13e-4(c))
Securities registered pursuant to Section 12(b) of the A	ct:	
Title of each class	Trading Symbol(s)	Name of each exchange on which registered
Common Stock, par value \$0.01	RGA	New York Stock Exchange
6.20% Fixed-To-Floating Rate Subordinated	RZA	New York Stock Exchange
Debentures due 2042		
5.75% Fixed-To-Floating Rate Subordinated	RZB	New York Stock Exchange
Debentures due 2056		
Indicate by check mark whether the registrant is an e §230.405 of this chapter) or Rule 12b-2 of the Securities E		· ·
$\square$ Emerging growth company		
☐ If an emerging growth company, indicate by che	eck mark if the registrant has elected not	to use the extended transition period for complying

with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

### Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On January 5, 2020, Mr. Arnoud Boot resigned from the board of directors (the "Board") of Reinsurance Group of America, Incorporated (the "Company"). Mr. Boot served as chair of the Audit Committee, and the Board plans to appoint a successor chair at its regularly scheduled meeting on January 23, 2020. Mr. Boot's resignation is not the result of any dispute or disagreement with the Company, the Company's management or the Board on any matter relating to the Company's operations, policies or practices.

### **SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: January 9, 2020

### REINSURANCE GROUP OF AMERICA, INCORPORATED

By: /s/ Todd C. Larson

Todd C. Larson

Senior Executive Vice President and Chief Financial Officer