FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

to	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number: 3235-0									
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hours per response:	0.5								

Check this box if no longer subject Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Manning Anna (Last) (First) (Middle) 16600 SWINGLEY RIDGE ROAD (Street) CHESTERFIELD MO 63017 (City) (State) (Zip)					3. D 03/:	2. Issuer Name and Ticker or Trading Symbol REINSURANCE GROUP OF AMERICA INC [RGA] 3. Date of Earliest Transaction (Month/Day/Year) 03/11/2021 4. If Amendment, Date of Original Filed (Month/Day/Year)								S. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner X Officer (give title Other (specify below) President, CEO 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transa Date (Month/D				1		d Date,	3. Transac Code (li 8)	3. Transaction Code (Instr. 8) 4. Securi		f, or Beneficially ies Acquired (A) or Of (D) (Instr. 3, 4 and (A) or (D) Price		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
1. Title of Derivative Security (Instr. 3)	(e.g., p Title of conversion Date Curity or Exercise (Month/Day/Year) (e.g., p 3. Transaction Execution Date, if any			tive Securities Acqueuts, calls, warrants, 4. Transaction Code (Instr. 8) 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)							8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ownershi Form: ly Direct (D) or Indirec (I) (Instr. 4	Ownership	Beneficial Ownership t (Instr. 4)				
					Code	v	(A)	(D)	Date Exercisat		Expiration Date	Title	Amount or Number of Shares						
Stock Appreciation Right (right to purchase) 2021	\$129.01	03/11/2021			A		41,154		(1)		03/11/2031	Common Stock	41,154	\$129.01	41,154	1	D		
Restricted Share Unit - March 2021	\$129.01	03/11/2021			A		11,143		12/31/202	23	(2)	Common Stock	11,143	\$129.01	11,143	3	D		
Restricted Share Unit Special Grant - March 2021	\$129.01	03/11/2021			A		27,130		12/31/202	22	(3)	Common Stock	27,130	\$129.01	27,130)	D		

Explanation of Responses:

- 1. SARs grants on March 11, 2021 vest in 25% increments on each of December 31, 2021, 2022, 2023 and 2024.
- 2. Restricted share units granted on March 11, 2021 fully vest on December 31, 2023.
- 3. This one-time special restricted share unit award granted on March 11, 2021 fully vests on December 31, 2022.

William L. Hutton

03/15/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.