
UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 or 15(d) of the
Securities Exchange Act of 1934

Date of Report (Date of Earliest Event Reported): February 2, 2010

REINSURANCE GROUP OF AMERICA,
INCORPORATED

(Exact Name of Registrant as Specified in its Charter)

Missouri
(State or Other
Jurisdiction of
Incorporation)

1-11848
(Commission
File Number)

43-1627032
(IRS Employer
Identification Number)

1370 Timberlake Manor Parkway, Chesterfield, Missouri 63017
(Address of Principal Executive Office)

Registrant's telephone number, including area code: **(636) 736-7000**

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
 - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
 - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
 - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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Item 8.01 Other Events.

On February 2, 2010, Reinsurance Group of America, Incorporated (the "Company") issued a press release announcing that, further to the dividend declaration in the press release issued on February 1, 2010, the dividend record date has been changed to Tuesday, February 9, 2010. The dividend payment date of February 25, 2010 remains unchanged.

The press release is attached as exhibit 99.1 to this report and is incorporated herein by reference.

Item 9.01 Financial Statements and Exhibits

(d) Exhibits. The following documents are filed as exhibits to this report:

99.1 Press Release dated February 2, 2010

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

**REINSURANCE GROUP OF AMERICA,
INCORPORATED**

Date: February 2, 2010

By: /s/ Jack B. Lay
Jack B. Lay
Senior Executive Vice President and Chief
Financial Officer

EXHIBIT INDEX

Exhibit Number	Description
99.1	Press Release dated February 2, 2010



For further information, contact
Jack B. Lay
Senior Executive Vice President
and Chief Financial Officer
(636) 736-7000

FOR IMMEDIATE RELEASE

RGA ANNOUNCES CHANGE TO RECORD DATE

ST. LOUIS, February 2, 2010 — Reinsurance Group of America, Incorporated (NYSE: RGA) announces that, further to the dividend declaration in the press release issued on February 1, 2010, the dividend record date has been changed to Tuesday, February 9, 2010. The dividend payment date of February 25, 2010 remains unchanged.

For further information, please contact Investor Relations at +1-636-736-7243 or by email at investrelations@rgare.com.