FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington,	D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* PORTER JONATHAN						2. Issuer Name and Ticker or Trading Symbol REINSURANCE GROUP OF AMERICA INC [RGA]								Relationship of eck all application	able)	Reporting Person(s) to Issuer ble) 10% Owner		
	\vdash							_	X Officer below)	(give title	itle Other (specif		pecify					
(Last) (First) (Middle) 16600 SWINGLEY RIDGE RD						3. Date of Earliest Transaction (Month/Day/Year) 05/08/2024								,	EVP, Global Chief Risk Officer			er
,	4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)								
(Street)														X Form filed by One Reporting Person				
CHESTERFIELD MO 63017													Form filed by More than One Reporting Person					
(City) (State) (Zip)					Ru	Rule 10b5-1(c) Transaction Indication												
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.												
		Table	e I - No	n-Deriv	ative	Seci	uritie	es Acc	quired	, Dis	posed o	f, or Bei	neficial	y Owned				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Date)					Execution if any		A. Deemed execution Date, fany Month/Day/Year)				es Acquired (A) or Of (D) (Instr. 3, 4 and		Beneficia	s ally following	Form:	Direct Indirect Estr. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price	Transact (Instr. 3 a	ction(s)			(Instr. 4)
Common Stock 05/08/2					2024			M	1,573(1		A	\$93.5	3 8,:	8,580		D		
Common Stock 05/08/2				2024			F		956(1)	D	\$203.2	7,0	7,624		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security (Month/Day/Year) 3. Transaction Date Execution Date, if any (Month/Day/Year)				on Date,	4. Transaction Code (Instr. 8)		n of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares					
Stock Appreciation Right (right to purchase) 2016	\$93.53	05/08/2024			М			2,914	(2)		03/04/2026	Common Stock	2,914	\$0	0		D	

Explanation of Responses:

- 1. Represents (i) 1,341 shares sold to pay the exercise price the purchase of Common Stock, and (ii) 956 shares withheld to satisfy Company tax withholding obligations, resulting in a net settlement of 617
- 2. Stock appreciation rights and restricted share units settle in Common Stock, vest in 33 and 1/3% increments over three years, starting on December 31 of the year of the grant.

Remarks:

/s/ William L. Hutton, by 05/10/2024 Power of Attorney

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.