Form 144 Filer Information SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES

PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK 0001511455
Filer CCC XXXXXXXX
Is this a LIVE or TEST Filing?

LIVE TEST

Submission Contact Information

Name

Phone

E-Mail Address

144: Issuer Information

Name of Issuer REINSURANCE GROUP OF AMERICA INC

SEC File Number 001-11848

16600 SWINGLEY RIDGE ROAD

Address of Issuer CHESTERFIELD MISSOURI

63017

Phone 6367367000

Name of Person for Whose Account the Securities are To Be Sold HUTTON WILLIAM L

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Officer

144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value			Name the Securities Exchange
Common	Charles Schwab & Co., Inc. 3000 Schwab Way Westlake TX 76262	6700	1005132.00	66542169	05/17/2023	NYSE

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the	Date you	Nature of	Name of Person	Is	Date	Amount of	Date of	Nature of
Class	Acquired	Acquisition	from Whom	this	Donor	Securities	Payment	Payment *
	_	Transaction	Acquired		Acquired	Acquired		

a	
Gift	

Common	Stock appreciation Right - Share quantity is an 05/17/2023 estimate of net share quantity unknown at the time of exercise	REINSURANCE GROUP OF AMERICA INC	2509	05/17/2023 Equity Compensation
Common	05/07/2015 Restricted Stock Lapse	REINSURANCE GROUP OF AMERICA INC	1379	05/07/2015 Equity Compensation
Common	05/04/2017 Performance Stock Lapse	REINSURANCE GROUP OF AMERICA INC	96	05/04/2017 Equity Compensation
Common	05/02/2019 Performance Stock Lapse	EINSURANCE GROUP OF AMERICA INC	2716	05/02/2019 Equity Compensation

^{*} If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Nothing to Report **✓**

144: Remarks and Signature

Remarks Shares sold in account titled REVOCABLE LIVING TRUST OF WILLIAM L HUTTON.

Date of Notice 05/17/2023

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature WILLIAM L HUTTON TTEE

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)