UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 or 15(d)
of the Securities Exchange Act of 1934

Date of Report (Date of Earliest Event Reported): September 29, 2023

REINSURANCE GROUP OF AMERICA, INCORPORATED

(Exact Name of Registrant as Specified in its Charter)

Missouri (State or Other Jurisdiction of Incorporation) 1-11848 (Commission File Number) 43-1627032 (IRS Employer Identification No.)

16600 Swingley Ridge Road, Chesterfield, Missouri 63017 (Address of Principal Executive Offices, and Zip Code)

Registrant's telephone number, including area code: (636) 736-7000

	ck the appropriate box below if the Form 8-K filing provisions:	is intended to simultaneously satisfy	the filing obligation of the registrant under any of the
	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)		
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)		
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))		
	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))		
Securities	registered pursuant to Section 12(b) of the Act:		
	Title of each class	Trading Symbol(s)	Name of each exchange on which registered
Common Stock, par value \$0.01		RGA	New York Stock Exchange
5.75% Fixed-To-Floating Rate Subordinated		RZB	New York Stock Exchange
	Debentures due 2056		_
7.125% Fixed-Rate Reset Subordinated Debentures		RZC	New York Stock Exchange
	due 2052		
	y check mark whether the registrant is an emerging g r Rule 12b-2 of the Securities Exchange Act of 1934		105 of the Securities Act of 1933 (§230.405 of this
□ Emerg	ing growth company		
	merging growth company, indicate by check mark if vised financial accounting standards provided pursua		the extended transition period for complying with any Act.

Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On September 29, 2023, the Board of Directors (the "Board") of Reinsurance Group of America, Incorporated (the "Company") appointed Michele Bang to the Board, effective as of October 1, 2023, for a term of office ending at the 2024 annual meeting of shareholders, or until her successor is duly elected and qualified. The addition of Ms. Bang increases the size of the Board to twelve directors.

Ms. Bang, 59, is the former Deputy Chief Executive Officer of Eastspring Investments Group, the Asia asset management arm of Prudential Corporation Asia. During her time with Prudential, she concurrently served as a founding executive team member of Prudential's first health and wealth consumer app in Asia, and the chair of Prudential Corporation Asia's Diversity & Inclusion committee. Prior to her role with Prudential, Ms. Bang held senior leadership roles and board seats in Asia for Deutsche Asset Management (DeAM), a subsidiary of Deutsche Bank.

The Company is not aware of any transactions, proposed transactions, or series of either to which the Company or any of its subsidiaries was or is to be a participant since January 1, 2022, in which the amount involved exceeds \$120,000 and in which Ms. Bang had, or will have, a direct or indirect material interest.

There are no arrangements or understandings between Ms. Bang and any other person pursuant to which she was appointed as a director. Ms. Bang will participate in the non-employee director compensation arrangements established by the Company for non-employee directors, as described under "Board of Directors – Director Compensation" in the Company's proxy statement dated April 13, 2023 for its 2023 annual meeting of shareholders. Ms. Bang has not yet been named to any committees of the Board.

Item 7.01 Regulation FD Disclosure.

The Company issued a press release (the "Press Release") announcing the appointment of Ms. Bang to the Board, a copy of which is furnished with this report as Exhibit 99.1. The information set forth in this Item 7.01, including the Press Release, is being furnished and shall not be deemed to be "filed", as described in Instruction B.2 of Form 8-K.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

99.1 Press Release of Reinsurance Group of America, Incorporated dated October 2, 2023

EX-104 Cover Page Interactive Data File (embedded within the Inline XBRL document)

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: October 2, 2023

REINSURANCE GROUP OF AMERICA, INCORPORATED

By: /s/ Todd C. Larson

Todd C. Larson

Senior Executive Vice President and Chief Financial Officer

Reinsurance Group of America, Incorporated 16600 Swingley Ridge Road, Chesterfield, Missouri 63017



REINSURANCE GROUP OF AMERICA APPOINTS NEW MEMBER TO BOARD OF DIRECTORS

ST. LOUIS, Oct. 2, 2023 – Reinsurance Group of America, Incorporated (NYSE: RGA), a leading global life and health reinsurer, today announced the appointment of Michele Bang to its Board of Directors. Ms. Bang began her service on October 1, 2023.

"Michele brings strong expertise in the asset management and insurtech sectors across the Asia Pacific region, which will serve RGA well as we seek to capitalize on growth opportunities in the region and around the world," said Anna Manning, CEO, RGA. "Beyond her work in financial services, Michele's experience advising startups and investing in emerging businesses will also provide valuable insight to our organization."

"With more than 30 years of experience in financial services and insurance, Michele has been sought after by corporate boards and investment networks to provide her unique perspective," said Stephen O'Hearn, Chair of the Board of Directors, RGA. "We are delighted to have Michele join the RGA Board and we very much look forward to working with her."

Ms. Bang is the former Deputy Chief Executive Officer of Eastspring Investments, the Asia asset management arm of Prudential plc. During her time with Prudential, she concurrently served as executive team member that drove digital innovation and technology integration throughout the firm. She was the founding chair of Prudential Corporation Asia's Diversity & Inclusion committee. Prior to her role with Prudential, Ms. Bang held senior leadership roles and board seats in Asia for Deutsche Asset Management (now DWS Group).

Since leaving Prudential, Ms. Bang has been active in new economy innovation as an investor, judge, and advisor to entrepreneurs in the health, education, and fintech space.

Ms. Bang holds a Bachelor of Arts degree in International Relations from Cornell University.

About RGA

Reinsurance Group of America, Incorporated (NYSE: RGA) is a global industry leader specializing in life and health reinsurance and financial solutions that help clients effectively manage risk and optimize capital. Founded in 1973, RGA celebrates its 50th anniversary in 2023. Over the past five decades, RGA has become one of the world's largest and most respected reinsurers and is guided by a fundamental purpose: to make financial protection accessible to all. RGA is widely recognized for superior risk management and underwriting expertise, innovative product design, and dedicated client focus. RGA serves clients and partners in key markets around the world and has approximately \$3.5 trillion of life reinsurance in force and assets of \$89.0 billion as of June 30, 2023. To learn more about RGA and its businesses, visit www.rgare.com. Follow RGA on LinkedIn and Facebook.

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