FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name an	2. Issuer Name and Ticker or Trading Symbol REINSURANCE GROUP OF AMERICA INC [RGA]										ationship of Reporting (all applicable) Director Officer (give title		ng Pe	erson(s) to Is 10% O Other (s	wner				
(Last) (First) (Middle) 1370 TIMBERLAKE MANOR PARKWAY						3. Date of Earliest Transaction (Month/Day/Year) 02/22/2011									below) EVP, General (Coun	below)	. ,
(Street) CHESTE	CHESTERFIELD MO 63017					4. If Amendment, Date of Original Filed (Month/Day/Year)									dividual or Joint/Group Filing (Check Applicable) (Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Table	e I - N	on-Deriv	ative S	ecu	rities	Ac	quired, [Disp	osed c	of, or Be	enefici	ally	Owne	d			
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day)					Execution Date,			Transaction Dispose Code (Instr. and 5)		rities Acqu ed Of (D) (3, 4 Securi Benefi Owned		ties Fo cially (D I Inc		m: Direct or rect (I)	7. Nature of Indirect Beneficial Ownership		
								Code	٧	Amoun	t (A)	or Pric	Price Ti		llowing (li ported insaction(s) str. 3 and 4)		tr. 4)	(Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execut if any	3A. Deemed Execution Date, if any (Month/Day/Year)		tion 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		8. Price of Derivativ Security (Instr. 5)		9. Number derivative Securities Beneficially Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisable		opiration	Title	Amour or Numbe of Shares	er					
Stock Appreciation Right (right to purchase)	\$59.74	02/22/2011			A		5,753		(1)	02	2/22/2021	Common Stock	5,753	\$ \$	559.74	5,753		D	

Explanation of Responses:

1. SARS grants on February 22, 2011 vest in 25% increments on each of December 31, 2011, 2012, 2013 and 2014.

William L. Hutton 02/24/2011 ** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.