UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of Earliest Event Reported): October 25, 2022

REINSURANCE GROUP OF AMERICA, INCORPORATED

(Exact Name of Registrant as Specified in its Charter)

| Missouri | | |
|------------------------------|--|--|
| (State or Other Jurisdiction | | |
| of Incorporation) | | |

1-11848 (Commission File Number) 43-1627032 (IRS Employer Identification No.)

16600 Swingley Ridge Road, Chesterfield, Missouri 63017 (Address of Principal Executive Offices, and Zip Code)

Registrant's telephone number, including area code: (636) 736-7000

| Check the appropriate box below if the Form 8-K filing following provisions (<i>see</i> General Instruction A.2. below): | is intended to simultaneously satisfy | the filing obligation of the registrant under any of the | | |
|---|--|--|--|--|
| ☐ Written communications pursuant to Rule 425 un | Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425) | | | |
| ☐ Soliciting material pursuant to Rule 14a-12 unde | Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12) | | | |
| ☐ Pre-commencement communications pursuant to | Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b)) | | | |
| ☐ Pre-commencement communications pursuant to | Rule 13e-4(c) under the Exchange | Act (17 CFR 240.13e-4(c)) | | |
| Securities registered pursuant to Section 12(b) of the Act: | | | | |
| Title of each class | Trading Symbol(s) | Name of each exchange on which registered | | |
| Common Stock, par value \$0.01 | RGA | New York Stock Exchange | | |
| 6.20% Fixed-To-Floating Rate Subordinated | RZA | New York Stock Exchange | | |
| Debentures due 2042 | | | | |
| 5.75% Fixed-To-Floating Rate Subordinated Debentures due 2056 | RZB | New York Stock Exchange | | |
| 7.125% Fixed-Rate Reset Subordinated Debentures due 2052 | RZC | New York Stock Exchange | | |
| Indicate by check mark whether the registrant is an emerging schapter) or Rule 12b-2 of the Securities Exchange Act of 1934 | | 405 of the Securities Act of 1933 (§230.405 of this | | |
| ☐ Emerging growth company | | | | |
| ☐ If an emerging growth company, indicate by check mark if new or revised financial accounting standards provided pursua | • | 1 110 | | |
| | | | | |

Item 8.01 Other Events.

On October 25, 2022, Reinsurance Group of America, Incorporated (the "Company") issued a press release announcing the revision of its third quarter earnings conference call dial in information.

As set forth in the press release: The Company will host a conference call to discuss the third quarter results beginning at 10 a.m. Eastern Time on Friday, November 4, 2022. Interested parties may access the call by dialing 1-877-270-2148 (412-902-6510 for international) and asking to be joined into the Reinsurance Group of America, Incorporated (RGA) call. Participants are asked to call the assigned number approximately 15 minutes before the conference call begins. A live audio webcast of that conference call will be available on the Investors page of the Company's website, www.rgare.com/investors. A replay of the conference call will be available at the same address for 90 days following the conference call.

A copy of the Company's press release is attached as Exhibit 99.1 to this Current Report on Form 8-K and is incorporated herein by reference.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits. The following documents are filed as exhibits to this report:

99.1 Press Release, dated October 25, 2022.

EX-104 Cover Page Interactive Data File (embedded within the Inline XBRL document)

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

REINSURANCE GROUP OF AMERICA, INCORPORATED

Date: October 25, 2022

y: /s/ Todd C. Larson

Todd C. Larson

Senior Executive Vice President and Chief Financial Officer



For further information, contact Jeff Hopson Senior Vice President, Investor Relations (636) 736-2068

FOR IMMEDIATE RELEASE

REINSURANCE GROUP OF AMERICA REVISES THIRD QUARTER EARNINGS CONFERENCE CALL DETAILS

ST. LOUIS, October 25, 2022 – Reinsurance Group of America, Incorporated (NYSE: RGA) is revising its third quarter earnings conference call dial in information.

RGA will host a conference call to discuss the third quarter results beginning at 10 a.m. Eastern Time on Friday, November 4, 2022. Interested parties may access the call by dialing 1-877-270-2148 (412-902-6510 for international) and asking to be joined into the Reinsurance Group of America, Incorporated (RGA) call. Participants are asked to call the assigned number approximately 15 minutes before the conference call begins. A live audio webcast of that conference call will be available on the Investors page of RGA's website, www.rgare.com/investors. A replay of the conference call will be available at the same address for 90 days following the conference call.

Reinsurance Group of America, Incorporated (NYSE: RGA) is a global industry leader specializing in life and health reinsurance and financial solutions that help clients effectively manage risk and optimize capital. Founded in 1973, RGA is one of the world's largest and most respected reinsurers and is guided by a fundamental purpose: to make financial protection accessible to all. RGA is widely recognized for superior risk management and underwriting expertise, innovative product design, and dedicated client focus. RGA serves clients and partners in key markets around the world and has approximately \$3.4 trillion of life reinsurance in force and assets of \$84.6 billion as of June 30, 2022. To learn more about RGA and its businesses, visit www.rgare.com. Follow RGA on LinkedIn, Twitter, and Facebook.

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