UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of Earliest Event Reported): May 16, 2023

REINSURANCE GROUP OF AMERICA, **INCORPORATED**

(Exact Name of Registrant as Specified in its Charter)

Missouri
(State or Other Jurisdiction
of Incorporation)

1-11848 (Commission File Number)

43-1627032 (IRS Employer Identification No.)

16600 Swingley Ridge Road, Chesterfield, Missouri 63017 (Address of Principal Executive Offices, and Zip Code)

Registrant's telepho	one number, including area code: (6	36) 736-7000	
Check the appropriate box below if the Form 8-K filing following provisions:	g is intended to simultaneously satisfy	the filing obligation of the registrant under any of the	
☐ Written communications pursuant to Rule 425 to	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)		
☐ Soliciting material pursuant to Rule 14a-12 und	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)		
☐ Pre-commencement communications pursuant	to Rule 14d-2(b) under the Exchange	Act (17 CFR 240.14d-2(b))	
☐ Pre-commencement communications pursuant	to Rule 13e-4(c) under the Exchange	Act (17 CFR 240.13e-4(c))	
Securities registered pursuant to Section 12(b) of the Act:			
Title of each class	Trading Symbol(s)	Name of each exchange on which registered	
Common Stock, par value \$0.01	RGA	New York Stock Exchange	
5.75% Fixed-To-Floating Rate Subordinated	RZB	New York Stock Exchange	
Debentures due 2056	200		
7.125% Fixed-Rate Reset Subordinated Debentures due 2052	RZC	New York Stock Exchange	
Indicate by check mark whether the registrant is an emerging chapter) or Rule 12b-2 of the Securities Exchange Act of 193	1 2	405 of the Securities Act of 1933 (§230.405 of this	
☐ Emerging growth company			

☐ If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any

new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

Item 7.01 Regulation FD Disclosure.

In a press release dated May 16, 2023, a copy of which is attached hereto as Exhibit 99.1 and the text of which is incorporated by reference herein, Reinsurance Group of America, Incorporated (the "Company") announced that it will host a conference for institutional investors and analysts on Thursday, June 15, 2023 from 8:30 a.m. to 11:30 a.m. Eastern time. A live audio webcast of the presentation will be accessible on the Company's website at www.rgare.com.

The information in this Item 7.01 and the exhibit attached hereto will not be deemed to be "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934 (the "Exchange Act"), or otherwise subject to the liabilities of such section, nor will such information or exhibit be deemed incorporated by reference in any filing under the Securities Act of 1933 or the Exchange Act, except as may be expressly set forth by specific reference in such filing.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

99.1 Press Release of the Company dated May 16, 2023.

EX-104 Cover Page Interactive Data File (embedded within the Inline XBRL document).

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: May 16, 2023

REINSURANCE GROUP OF AMERICA, INCORPORATED

By: /s/ Todd C. Larson

Todd C. Larson

Senior Executive Vice President and Chief Financial Officer

Reinsurance Group of America, Incorporated 16600 Swingley Ridge Road, Chesterfield, MO 63017



REINSURANCE GROUP OF AMERICA TO HOST INVESTOR DAY

ST. LOUIS, May 16, 2023 – Reinsurance Group of America, Incorporated (NYSE: RGA) will host a conference for institutional investors and analysts at The St. Regis in New York City on Thursday, June 15, 2023, from 8:30 a.m. to 11:30 a.m. Eastern time.

The presentation materials and a live audio webcast will be accessible at www.rgare.com under the Investors tab the morning of the event. A recording of the audio webcast will be made available and posted to the website after the event. Webcast viewers are encouraged to visit the website at least 15 minutes prior to the presentation to download and install any necessary software. Presentation slides will be available at www.rgare.com, through the link on the Investors tab.

About RGA

Reinsurance Group of America, Incorporated (NYSE: RGA) is a global industry leader specializing in life and health reinsurance and financial solutions that help clients effectively manage risk and optimize capital. Founded in 1973, RGA celebrates its 50th anniversary in 2023. Over the past five decades, RGA has become one of the world's largest and most respected reinsurers and is listed among Fortune's World's Most Admired Companies. The global organization is guided by a fundamental purpose: to make financial protection accessible to all. RGA is widely recognized for superior risk management and underwriting expertise, innovative product design, and dedicated client focus. RGA serves clients and partners in key markets around the world and has approximately \$3.4 trillion of life reinsurance in force and assets of \$89.1 billion as of March 31, 2023. To learn more about RGA and its businesses, visit www.rgare.com. Follow RGA on LinkedIn and Facebook.

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FOR MORE INFORMATION: Lynn Phillips

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RGA

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