UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

		FORM 8-K		
	Date of	CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934 f Report (Date of Earliest Event Reported): May 15,2	2014	
REINSURANCE GROUP OF AMERICA, INCORPORATED (Exact Name of Registrant as Specified in its Charter)				
	Missouri (State or Other Jurisdiction of Incorporation)	1-11848 (Commission File Number)	43-1627032 (IRS Employer Identification Number)	
	1370 T	imberlake Manor Parkway, Chesterfield, Missouri 6 (Address of Principal Executive Office)	3017	
	Registra	nt's telephone number, including area code: (636) 73	6-7000	
	eck the appropriate box below if the Form 8 provisions (see General Instruction A.2. be	s-K filing is intended to simultaneously satisfy the filin low):	g obligation of the registrant under any of the	
	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)			
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)			
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))			
	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))			

Item 7.01 Regulation FD Disclosure.

In a press release dated May 15, 2014, a copy of which is attached hereto as Exhibit 99.1 and the text of which is incorporated by reference herein, Reinsurance Group of America, Incorporated ("RGA") announced that it will host a conference for institutional investors and analysts at the Grand Hyatt Hotel in New York City on Tuesday, May 20, from 8:30 a.m. to 12:30 p.m. Eastern Time. A live audio webcast of the presentation will be available online at http://www.media-server.com/m/p/jd6xk3ry and on RGA's website at www.rgare.com. Webcast viewers are encouraged to visit the website at least 15 minutes prior to the presentation to download and install any necessary software. Presentation slides will be available at www.rgare.com (through the link on the Investor Relations page).

The information in this Item 7.01 and the exhibit attached hereto will not be deemed to be "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934 (the "Exchange Act"), or otherwise subject to the liabilities of such section, nor will such information or exhibit be deemed incorporated by reference in any filing under the Securities Act of 1933 or the Exchange Act, except as may be expressly set forth by specific reference in such filing.

Item 9.01 Financial Statements and Exhibits

- (d) Exhibits. The following documents are filed as exhibits to this report:
- 99.1 Press Release dated May 15, 2014

Date: May 15, 2014

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

REINSURANCE GROUP OF AMERICA, INCORPORATED

By: /s/ Jack Lay

Jack B. Lay Senior Executive Vice President and Chief Financial Officer

EXHIBIT INDEX

Exhibit Number Description

99.1 Press Release dated May 15, 2014



For further information, contact Jeff Hopson Senior Vice President, Investor Relations (636) 736-7000

FOR IMMEDIATE RELEASE

REINSURANCE GROUP OF AMERICA TO HOST INVESTOR DAY

ST. LOUIS, May 15, 2014 – Reinsurance Group of America, Incorporated (NYSE:RGA) will host a conference for institutional investors and analysts at the Grand Hyatt Hotel in New York City on Tuesday, May 20, from 8:30 a.m. to 12:30 p.m. Eastern Time.

A live audio webcast of the presentation will be available online at http://www.media-server.com/m/p/jd6xk3ry and on RGA's website at www.rgare.com. Webcast viewers are encouraged to visit the website at least 15 minutes prior to the presentation to download and install any necessary software. Presentation slides will be available at www.media-server.com/m/p/jd6xk3ry and on RGA's website at www.media-server.com/m/p/jd6xk3ry and <a href="https://www.me

Reinsurance Group of America, Incorporated is among the largest global providers of life reinsurance, with operations in Australia, Barbados, Bermuda, Canada, China, France, Germany, Hong Kong, India, Ireland, Italy, Japan, Malaysia, Mexico, the Netherlands, New Zealand, Poland, Singapore, South Africa, South Korea, Spain, Taiwan, Turkey, the United Arab Emirates, the United Kingdom and the United States. Worldwide, the company has approximately \$3.0 trillion of life reinsurance in force, and assets of \$40.5 billion.

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