

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
OMB Number:	3235-0287
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1. Name and Address of Reporting Person* <u>Neemeh Alain</u> _____ (Last) (First) (Middle) <u>16600 SWINGLEY RIDGE ROAD</u> _____ (Street) <u>CHESTERFIELD MO 63017</u> _____ (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>REINSURANCE GROUP OF AMERICA INC [RGA]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) <p style="text-align: center;">SEVP</p>
	3. Date of Earliest Transaction (Month/Day/Year) <u>08/01/2017</u>	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	08/01/2017		M		8,326	A	\$59.74	45,022	D	
Common Stock	08/01/2017		M		10,563	A	\$56.65	55,585	D	
Common Stock	08/01/2017		M		11,426	A	\$58.77	67,011	D	
Common Stock	08/01/2017		D		6,087 ⁽¹⁾	D	\$140.9	60,924	D	
Common Stock	08/01/2017		D		7,615 ⁽²⁾	D	\$140.9	53,309	D	
Common Stock	08/01/2017		D		8,317 ⁽³⁾	D	\$140.9	44,992	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Stock Appreciation Right (right to purchase) 2011	\$59.74	08/01/2017		M		8,326		12/31/2011	02/22/2021	Common Stock	8,326	\$0	0	D	
Stock Appreciation Right (right to purchase) 2012	\$56.65	08/01/2017		M		10,563		12/31/2012	02/28/2022	Common Stock	10,563	\$0	0	D	
Stock Appreciation Right (right to purchase) 2013	\$58.77	08/01/2017		M		11,426		12/31/2013	02/21/2023	Common Stock	11,426	\$0	0	D	

Explanation of Responses:

- Represents (i) 3530 shares withheld to cover the exercise price for the purchase of common stock, and (ii) 2557 shares withheld to satisfy Company tax withholding obligations. The difference between the number of SARs exercised (8326) and the number of shares withheld to pay exercise price and taxes (6087) results in a net settlement of 2239 shares.
- Represents (i) 4247 shares withheld to cover the exercise price for the purchase of common stock, and (ii) 3368 shares withheld to satisfy Company tax withholding obligations. The difference between the number of SARs exercised (10563) and the number of shares withheld to pay exercise price and taxes (7615) results in a net settlement of 2948 shares.
- Represents (i) 4766 shares withheld to cover the exercise price for the purchase of common stock, and (ii) 3551 shares withheld to satisfy Company tax withholding obligations. The difference between the number of SARs exercised (11426) and the number of shares withheld to pay exercise price and taxes (8317) results in a net settlement of 3109 shares.

William Hutton, by power of attorney 08/03/2017

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.