FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* WOODRING A GREIG					2. Issuer Name and Ticker or Trading Symbol REINSURANCE GROUP OF									Relationship of Reporting Person(s) to Issuer (Check all applicable)							
WOODKING A GREIG					AMERICA INC [RGA]								X	Directo	r		10% Ov	vner			
(Last)	(Firs	st) (N	liddle)		3. Date	3. Date of Earliest Transaction (Month/Day/Year)									Officer (give title below)			Other (s below)	pecify		
1370 TIMBERLAKE MANOR PARKWAY					02/22/2011									President & CEO							
(Street)					If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)							
CHESTERFIELD MO 63017														X Form filed by One Reporting Person							
														Form filed by More than One Reporting							
(City)	(City) (State) (Zip)														Person						
		Table	e I - No	on-Deriva	ative S	ecu	rities	Acq	uired, D	isp	osed o	f, or Be	neficia	lly C	Owned	l					
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day.				Execution Date,						ities Acqu d Of (D) (Ir		Securiti Benefic Owned		es ally	Form: Direct (D) or Indirect (I)		7. Nature of Indirect Beneficial Ownership				
							Code	v	Amount	(A) or (D)		- !	Following Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		(Instr. 4)				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution Date, ecurity or Exercise (Month/Day/Year) if any			on Date,	4. Transact Code (In 8)	n of l		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title at Amount Securitie Underlyit Derivativ Security and 4)	8. Price of Derivative Security (Instr. 5)		9. Number of derivative Securities Beneficially Owned Following Reported Transactions (Instr. 4)		Ownership Form: Direct (D) or Indirec (I) (Instr. 4)	Beneficial Ownership				
					Code	v	(A)	(D)	Date Exercisable		expiration	Title	Amount or Number of Shares								
Stock Appreciation Right (right to purchase)	\$59.74	02/22/2011			A		34,061		(1)	0	2/22/2021	Common Stock	34,061	\$:	59.74	34,061		D			

Explanation of Responses:

 $1.\ SARS\ grants\ on\ February\ 22,\ 2011\ vest\ in\ 25\%\ increments\ on\ each\ of\ December\ 31,\ 2011,\ 2012,\ 2013\ and\ 2014.$

William Hutton, by power of attorney 02/24/2011

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.