FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington D.C. 20549

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OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SCHUSTER PAUL A					2. Issuer Name and Ticker or Trading Symbol REINSURANCE GROUP OF AMERICA INC [RGA]						(Che	eck all applic Director			on(s) to Issu 10% Ow Other (s	ner	
(Last) (First) (Middle) 1370 TIMBERLAKE MANOR PARKWAY						3. Date of Earliest Transaction (Month/Day/Year) 02/22/2011							X Officer (give title Offier (specify below) Senior Exec VP				
(Street) CHESTERFIELD MO 63017					4. If Amendment, Date of Original Filed (Month/Day/Year)						Line	Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting					
(City)	(Sta	te) (Z	Zip)		Person								9				
		Tabl	e I - Non-D	erivat	tive	Secu	urities	Acc	quired, Di	sposed o	f, or Ber	eficially	/ Owned				
Date					action 2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8) 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4)			d (A) or r. 3, 4 and	5. Amoun Securities Beneficia Owned Fo Reported	s Form (I) o ollowing (I) (In		Direct I Indirect E str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code V	Amount	(A) or (D)	Price	Transacti (Instr. 3 a	on(s)			msu. 4)
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	ative Conversion Date Execution Date, ity or Exercise (Month/Day/Year) if any		Co	Transaction Code (Instr.		n of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Co	ode \	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Stock Appreciation Right (right to purchase)	\$59.74	02/22/2011		I	A		12,489		(1)	02/22/2021	Common Stock	12,489	\$59.74	12,489	9	D	

Explanation of Responses:

 $1. SARS \ grants \ on \ February \ 22, \ 2011 \ vest \ in \ 25\% \ increments \ on \ each \ of \ December \ 31, \ 2011, \ 2012, \ 2013 \ and \ 2014.$

William Hutton, by power of

02/24/2011

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.