



Reinsurance Group of America Announces First-Quarter Earnings Release Date, Webcast

April 10, 2006

ST. LOUIS--(BUSINESS WIRE)--April 10, 2006--Reinsurance Group of America, Incorporated (NYSE:RGA) plans to release first-quarter earnings on Monday, April 24, at approximately 5:00 p.m. Eastern Time. The release will be issued via newswire and will also be available through RGA's website, www.rgare.com.

The company will host a conference call to discuss the first-quarter results beginning at 9:00 a.m. Eastern Time on Tuesday, April 25. Interested parties may access the call by dialing 1-800-231-9012 (719-457-2617, international). The access code is 8243986. Participants are asked to call the assigned number approximately 10 minutes before the conference call begins. A live audio webcast of that conference call will be available on RGA's website at www.rgare.com. A replay will be available at the same address following the conference call. A replay of the conference call will also be available via telephone at 1-888-203-1112 (719-457-0820, international), access code 8243986, until May 2.

Reinsurance Group of America, Incorporated, through its subsidiaries, is among the largest global providers of life reinsurance. In addition to its operations in the United States and Canada, Reinsurance Group of America, Incorporated has subsidiary companies or offices in Australia, Barbados, China, Hong Kong, India, Ireland, Japan, Mexico, South Africa, South Korea, Spain, Taiwan and the United Kingdom. At December 31, 2005, the company had approximately \$1.7 trillion of worldwide life reinsurance in force, and assets of \$16.2 billion. MetLife, Inc. is the beneficial owner of approximately 53 percent of RGA's outstanding shares.

CONTACT: Reinsurance Group of America, Incorporated
Jack B. Lay, 636-736-7439

SOURCE: Reinsurance Group of America, Incorporated