



Reinsurance Group of America Announces Third-Quarter Earnings Release Date, Webcast

October 12, 2004

ST. LOUIS--(BUSINESS WIRE)--Oct. 12, 2004--Reinsurance Group of America, Incorporated (NYSE:RGA) plans to release third-quarter earnings on Tuesday, October 26, at approximately 5:00 p.m. Eastern Time. The release will be issued via newswire and will also be available through RGA's website, www.rgare.com.

The company will host a conference call to discuss the third- quarter results beginning at 9:00 a.m. Eastern Time on Wednesday, October 27. Interested parties may access the call by dialing 1-800- 210-9006 (719-457-2621, international). The access code is 762818. Participants are asked to call the assigned number approximately 10 minutes before the conference call begins. A live audio webcast of that conference call will be available on RGA's website at www.rgare.com. A replay will be available at the same address following the conference call. A replay of the conference call will also be available via telephone at 1-888-203-1112 (719-457-0820, international), access code 762818, until November 3.

Reinsurance Group of America, Incorporated, through its subsidiaries, RGA Reinsurance Company and RGA Life Reinsurance Company of Canada, is among the largest global providers of life reinsurance. In addition to its operations in the United States and Canada, Reinsurance Group of America, Incorporated has subsidiary companies or offices in Australia, Barbados, Hong Kong, India, Ireland, Japan, Mexico, South Africa, South Korea, Spain, Taiwan and the United Kingdom. At June 30, 2004, the company had approximately \$1.4 trillion of worldwide life reinsurance in force, and assets of \$12.5 billion. MetLife, Inc. is the beneficial owner of approximately 52 percent of RGA's outstanding shares.

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