



Reinsurance Group of America Announces Third Quarter Earnings Release Date and Webcast

October 24, 2000

ST. LOUIS--(BUSINESS WIRE)--Oct. 24, 2000--Reinsurance Group of America, Incorporated (NYSE:RGA), will release third quarter earnings on Thursday, October 26 at approximately 5:00 p.m. Eastern Daylight Time. The release will be issued via newswire and will also be available through RGA's website, www.rgare.com.

A live audio webcast of management's third quarter conference call beginning at 9:00 a.m. Eastern Daylight Time on Friday, October 27 will be available on the company's investor relations web page at www.rgare.com. A replay of the conference call will be available at the same address for ten days following the conference call.

Reinsurance Group of America, Incorporated, through its subsidiaries, RGA Reinsurance Company and RGA Life Reinsurance Company of Canada, is among the largest providers of life reinsurance in North America. In addition to its North American operations, Reinsurance Group of America, Incorporated has subsidiary companies or branch offices in Argentina, Australia, Barbados, Bermuda, Spain, Mexico, Hong Kong, Japan, Taiwan, South Africa and the United Kingdom. Worldwide, the Company has approximately \$500 billion of life reinsurance in force, and assets of \$5.9 billion. Metropolitan Life Insurance Company is the beneficial owner of approximately 58 percent of RGA's outstanding shares.

SOURCE: Reinsurance Group of America

--30--AB/na*

CONTACT: Reinsurance Group of America, Incorporated
Jack B. Lay, 636/736-7439